

# Q&A About Ramadan

Common Questions and Answers About the Islamic Holy Month



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**Question :**  
What is Ramadan?

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**Answer:**  
Ramadan is the ninth month of the Islamic calendar and is considered the holiest month in Islam. It is a time for reflection, prayer, charity, and fasting.

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**Question :**  
Why do Muslims fast during Ramadan?

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**Answer:**  
Fasting during Ramadan is one of the Five Pillars of Islam, and is a way to demonstrate submission and devotion to Allah. It is also a way to gain spiritual strength, discipline and empathy.

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**Question :**  
Can you drink water during Ramadan?

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**Answer:**  
No, Muslims are not allowed to eat or drink anything during daylight hours in Ramadan. This includes water and other liquids. Water and food are consumed after sunset each night.

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**Question :**  
What is iftar?

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**Answer:**  
Iftar is the meal Muslims eat at the end of each day of Ramadan, after the sun sets. It is a time to break the fast and is often done with family and friends.

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**Question :**  
What is Eid al-Fitr?

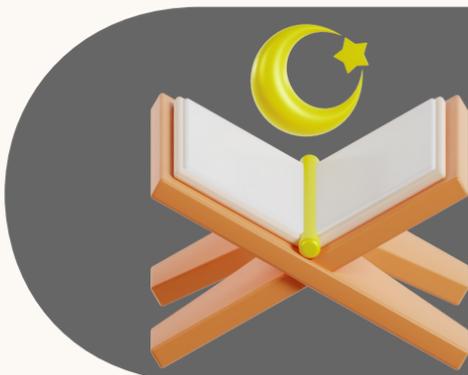
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**Answer:**  
Eid al-Fitr is the celebration that marks the end of Ramadan. It is a time for prayer, feasting, celebrating and giving to charity.

# Facts

## ABOUT RAMADAN

9th month of Islamic Lunar Calendar. It moves 10-12 days forward every year due to the lunar calendar



Angel Jibril commenced the revelation of Quran to Prophet Muhammad (PBUH) in this month.

Mature & healthy muslims fast between dawn & sunset



Fasting include abstaining from food, water, & desires

To express well-wishes, you can say "Ramadan Mubarak" (Happy Ramadan)



It is a month to improve your relationship with God, family and your community

When Ramadan finishes, Eid-dul-fitr is celebrated (festival of breaking fast)

